

Enta

slow piston shimmy speeds up into inside arm circle ends arms in 5th,
accent up

4 undulations down with hand undulations, accent chest lock down

:23. phrase 1—figure 8 chest R, L, figure 8 forward L, R, L

phrase 2— repeat

phrase 3— push off to L, R hip roll X2, R drop drop drop, reverse
undulation, snake arms, SS with upper body undulation, end lock down
chest

phrase 4— repeat to the R

:48. 1st phrase arms come in, hands cross at heart, 2nd phrase arms open
out to low Vee, as intensity increases outside arm circle to high 5th

1:12 phrase 1— arms release out, lift chest on “bing”, fold to scoop, offer
forward

phrase 2— step L, step behind R, arms 3rd, step R, step behind L, arms 3rd

phrase 3— outside turn to L, facing R hand comes down to outside of face,
reverse undulation, rib rotation to the L

phrase 4- cross front L snake arms R, L, cross front R, snake arms R, L
hip rolls L, R, L

phrase 5— reverse hip rolls L, R, double reverse hip rolls L with double
arms, reverse hip rolls R, L, double reverse hip rolls R with double arms

1:26 to the L grapevine out back, out front, out with single arm, shimmy
to the R grapevine out back, out front, out with single arm, shimmy arms
come to high Vee

entire routine repeats from the beginning